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# **Intersectoral Health Policy in Portugal: Competition, Cooperation and Control**

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# Intersectoral Health Policy in Portugal: Competition, Cooperation and Control

## Objectives:

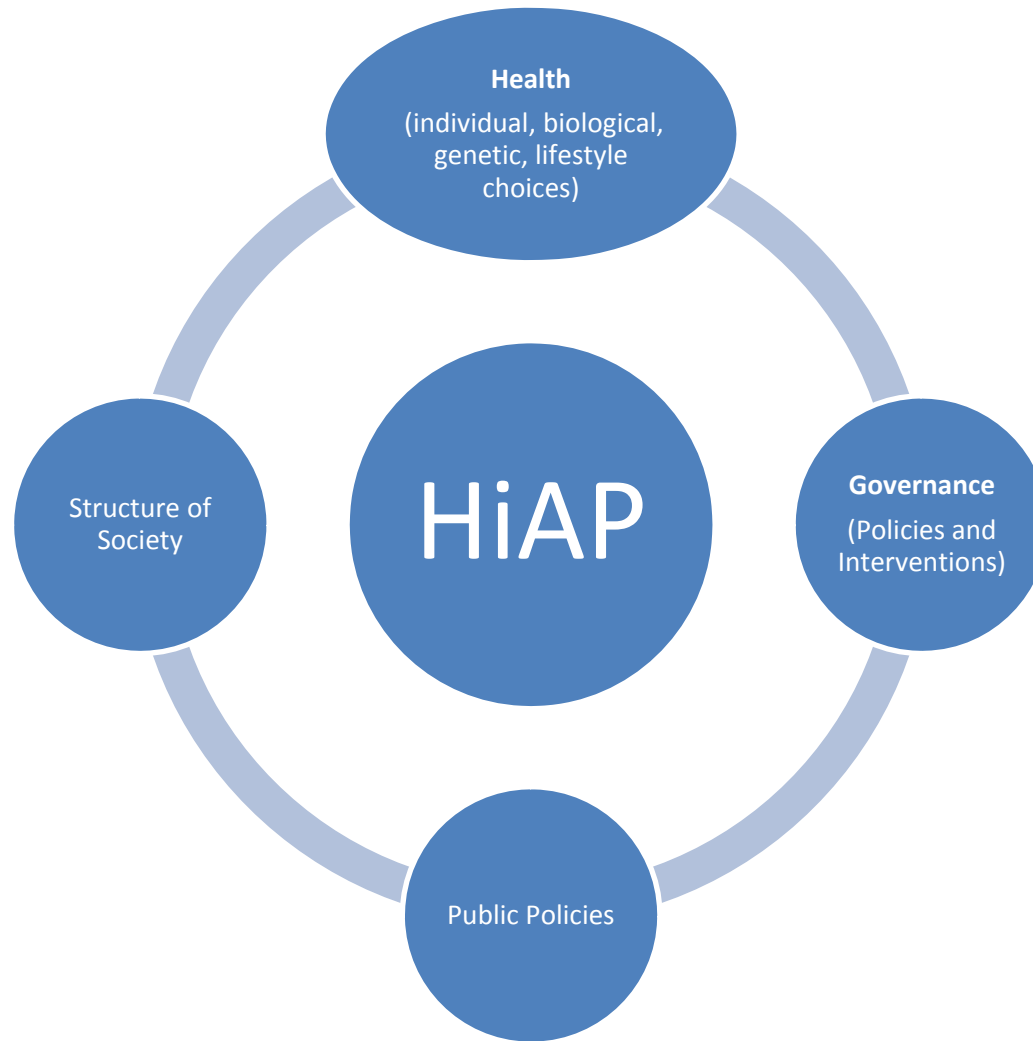
- To study the mechanisms by which governments interact to develop public health policies.
- To study the role of the Portuguese National Health Plan (NHP) in Policy-making

# Intersectoral Health Policy in Portugal: Competition, Cooperation and Control

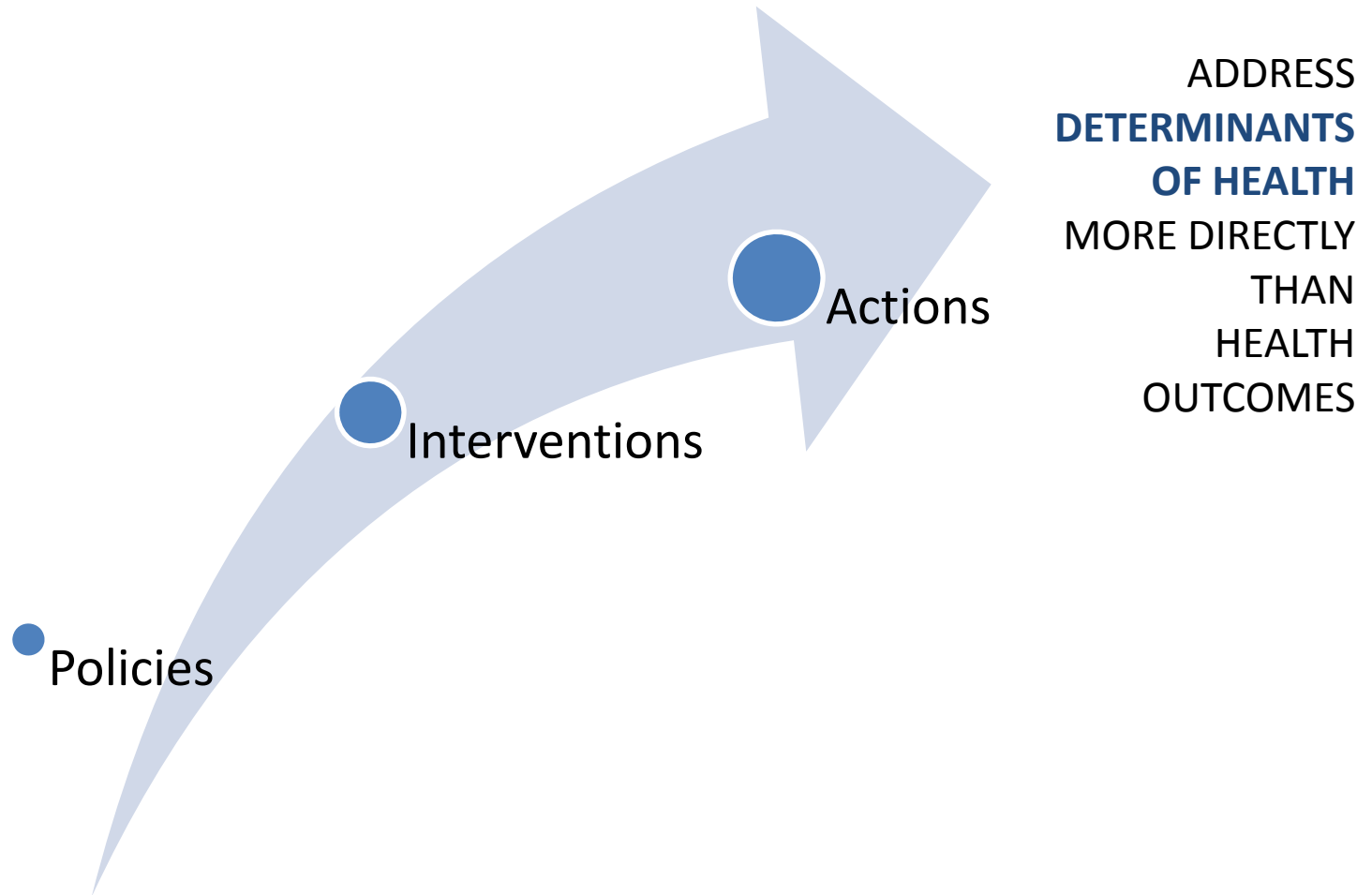
## Questions:

1. Does the National Health Plan represent an **intersectoral public health policy**?
2. Was the National Health Plan implemented in a way conducive to the attainment of **health gains**?
3. How did the involved actors differ in regard to the **initiation, formulation and implementation** of the targets set for the **national health plan**?

# A theoretical framework Health in All Policies Approach (HiAP)

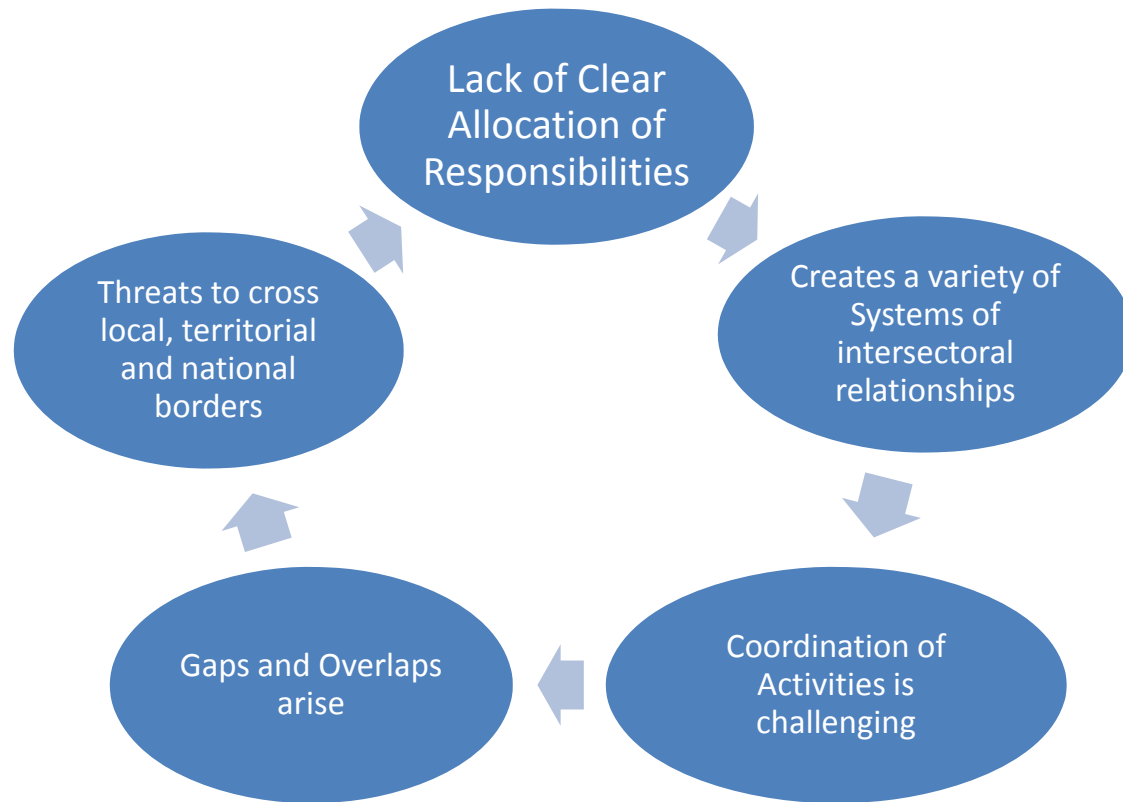


# A theoretical framework Health in All Policies Approach (HiAP)



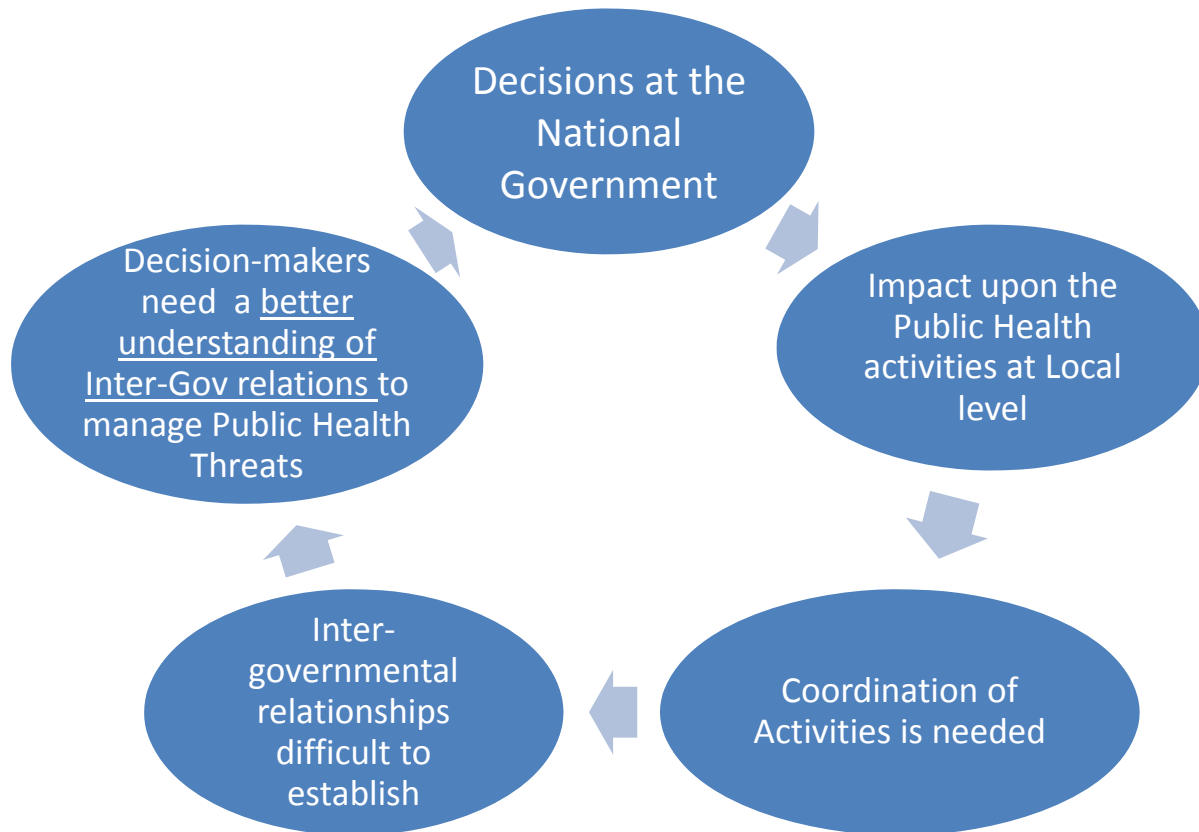
# A theoretical framework Health in All Policies Approach (HiAP)

- Problems of Public Health Governance:



# A theoretical framework Health in All Policies Approach (HiAP)

- Decisions of Public Health Governance:



# A theoretical framework Health in All Policies Approach (HiAP)

Challenges for  
inter-sectoral  
relations:

Inter-sectoral  
relations are  
hampered by:

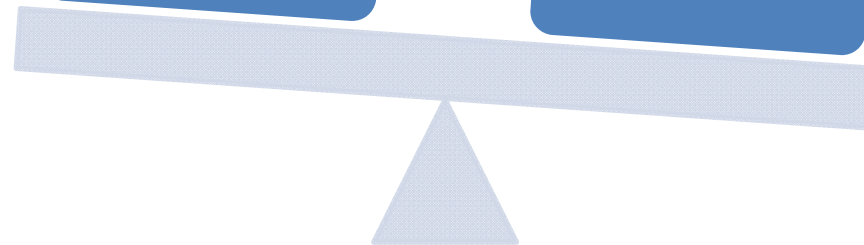
Different values,  
accountabilities and  
performance criteria

Actions across different  
organizations and  
sectors

Cultural

Organizational

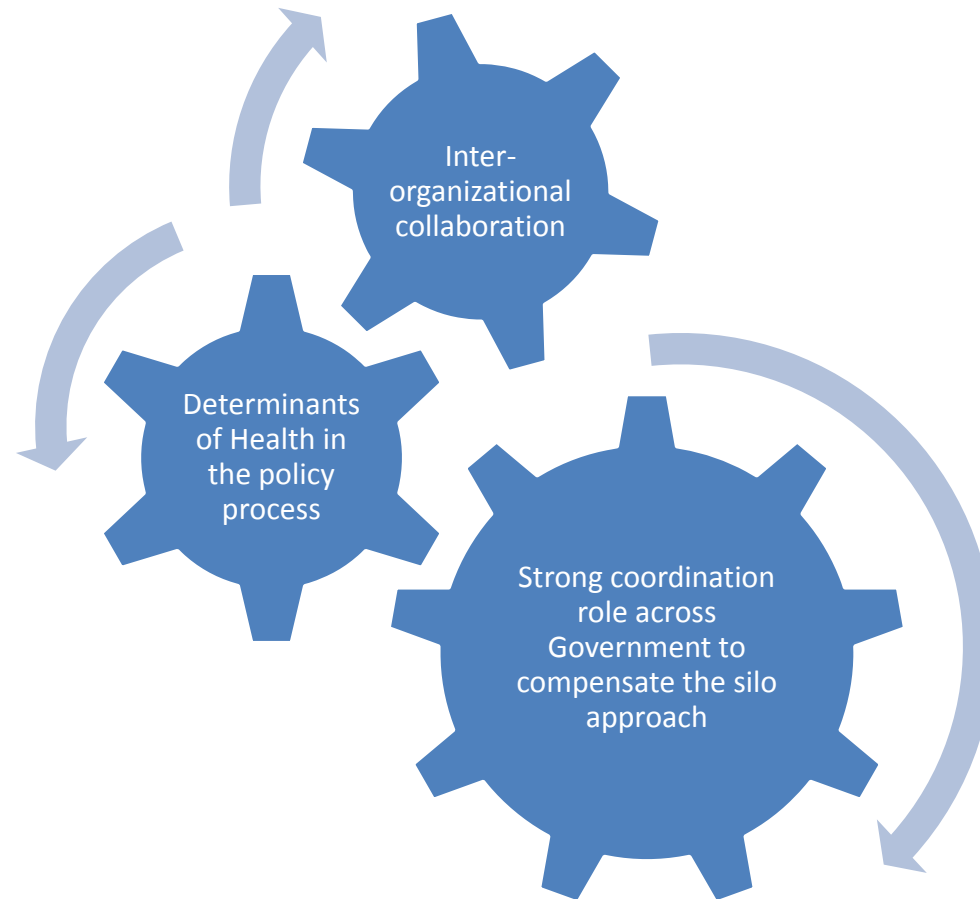
Financial issues





# A theoretical framework Health in All Policies Approach (HiAP)

Public Health  
Challenges to  
ensure HiAP is  
effectively  
managed:



# A theoretical framework: Intergovernmental Relations

National – Regional  
Government relationships  
in Public Health:



Disentangled

Unilateral

Collaborative

# A theoretical framework: Intergovernmental Relations

Regional– Local  
Government relationships  
in Public Health:



Disentangled

Unilateral

Collaborative

# Case Study:

## The Portuguese Health Plan (PHP)

- The plan (2004-2011) provides a relatively comprehensive organizing framework for health system activities.
- The Plan prioritizes health gains, such as prevention, health promotion, involvement of the whole of government in attaining health gains, and primary health care.
- The Plan as a framework for setting priorities, organizing activities and introducing change.

# PHP as a Public Policy Process

- 1) Agenda Setting:

## Politicians' view

- To create an organizational framework for health activities to reach health gains
- Supportive of the Plan and committed to a future Plan.

## Public Health experts' view

- The Plan focuses on the population's health gains
- The Plan does not draw in-depth attention to the distribution of health across the Portuguese population
- The Plan does not specify how to reduce inequalities

## Inter-governmental relations

- There are some relations between the Government and the regional health authorities but there are no formal accountability agreements in national-regional relations.
- There are relations between regional-local level but it is not systematic or consistent across regions.

# PHP as a Public Policy Process

- 2) Policy Initiation and Formulation:

The NHP was discussed publicly in 2003 and represents a broad consensus.

- It was supported by most Parties in Parliament

The NHP as a tool of management with its strategic guidelines designed to sustain the NHS politically, technically, financially.

- It is committed to the fulfillment of the goals set in the Plan

# Portuguese Health Plan as a Public Policy Process

- 3) Policy Implementation:

Problem of Fragmentation

- Implementation has suffered from the fragmentation of the health system management functions.

Problem of Information

- Lack of knowledge about the consequences of different actions, system strategies and available information and evidence.

Problem of capacity

- The ability to accomplish intended actions) that usually leads to underperformance.

# Portuguese Health Plan as a Public Policy Process

- 3) Policy Implementation:

## Lack of Alignment

- The implementation of the Plan suffered from a lack of alignment between strategy, decision-making and implementation;

## Lack of accountability

- The Plan has failed to clearly define institutional responsibilities for managing change;
- The Plan has failed to define formal mechanisms to link strategy and decision-making in the Ministry of Health, across government and for the Regions;

## Problem of Bureaucracy

- Bad bureaucracies are not only inefficient but also harder to control incompetence;
- Bad bureaucracies diminishes their incentives to implement the policies politicians describe in legislation;



# Conclusions

- 1) The Portuguese development correlated with the international progress and promotion of **inter-sectoral health policy**;
- 2) The **Portuguese political - administrative culture and traditions** are not favorable to fostering inter-sectoral collaboration;
- 3) At the central level, there seems to be a tendency to work in a **fragmented way**, which in itself is not conducive to inter-sectoral action in health
- 4) The policy did not manage to open the way to involve actors in **other policy sectors** and was not clear about their **responsibility** in relation to the PHP policy.

# Conclusions

- 5) There is **low political weight** in the overall **coordination of politics**. There are no effective incentives to support the inter-sectoral and health impact assessment development in a more bottom-up manner
- 6) To date **civil society** linkages to ensure the effectiveness of policy implementation and accountability seem **not to be in place**.

# Conclusions

Consequently, it may be assumed that actors from either **high or low politics** areas are **not** yet fully **involved** in the realization of the **public health policy** in order to achieve its aim.

**Thanks for your attention.**

**Elvira Méndez & Maria Asensio**